CLAIMS

1. An adaptive control method in real-time communication, comprising:

a first step of making arrangement for a transmission interval of a receiver report packet to be transmitted to a data transmission apparatus by a data reception apparatus between the data transmission apparatus and the data reception apparatus before starting transmission and reception of real-time data;

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a second step of the data transmission apparatus monitoring reception conditions of the receiver report packet in a unit of the arranged transmission interval after starting transmission and reception of the real-time data; and

a third step of the data transmission apparatus adaptively controlling data transmission based on a monitoring result.

2. The adaptive control method in real-time communication according to claim 1, wherein the transmission interval of the receiver report packet in the first step is a fixed interval or a tolerable maximum interval;

in the second step, based on information of number of times of failed receptions of a receiver report packet within the transmission interval or within an interval of the transmission interval plus a delay time of a transmission path, an occurrence of congestion in the communication path, an occurrence of a transmission error in the communication path, or an inability of communication with the reception apparatus is estimated; and

in the third step, a control for either data transmission rate change or data transmission stop is performed.

3. The adaptive control method in real-time communication according to claim 1, wherein a connection-oriented transport scheme having a high reliability is used for the arrangement of the transmission interval in the first step, whereas a connection-less type transport scheme is used for transmission and reception of the real-time data.

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4. A method for taking measures against consecutive loss of receiver report packets in real-time communication, comprising the steps of:

either a data transmission apparatus or a data reception

15 apparatus notifying the apparatus at other end a transmission interval of a receiver report packet to be transmitted by the data reception apparatus to the data transmission apparatus before starting transmission and reception of data by utilizing a control signal at the time of session establishment and thereby obligating the data reception apparatus to transmit a receiver report packet at least once within the transmission interval after starting transmission and reception; and

the data transmission apparatus monitoring the reception conditions of the receiver report packet sent from the data reception apparatus in a unit of an interval of the transmission interval or an interval of the transmission interval plus a delay time of a transmission path, and performing adaptive control

for either data transmission rate change or data transmission stop in a case where consecutive loss of the receiver report packets arise.

- 5 5. A dynamic determination apparatus for a transmission interval of a receiver report packet, comprising:
 - a transmission interval determination section that dynamically determines a transmission interval of a receiver report packet in real-time communication; and
- a transmission section that transmits the determined transmission interval to an apparatus at other end of communication using a connection-oriented transport scheme having a high reliability.
- 6. An adaptive control apparatus in real-time communication, comprising:

a monitoring section that monitors reception conditions of the receiver report packet in a unit of a transmission interval determined by the dynamic determination apparatus for the transmission interval of the receiver report packet according to claim 5 after starting transmission and reception of the real-time data; and

an adaptive control section that controls data distribution adaptively based on a monitoring result.

7. A data reception apparatus for receiving media data distributed via a communication network to replay audio and video,

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the apparatus comprising:

- a transmission interval determination section that determines an transmission interval of a receiver report packet;
- a control information transmission and reception section that notifies the determined transmission interval information to other end of communication using a connection-oriented communication protocol;
 - a receiver report packet generation section; and
- a receiver report packet transmission section that transmits the receiver report packet at least once within the transmission interval.
 - 8. The data reception apparatus according to claim 7, wherein the transmission interval of the receiver report packet is a fixed interval or a tolerable maximum interval.
 - 9. The data reception apparatus according to claim 7 or 8, wherein the data reception apparatus is a mobile device having a communication function.

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- 10. A data distribution apparatus for distributing real-time data via a communication network, comprising:
- a transmission interval determination section that determines an transmission interval of a receiver report packet transmitted by an distribution end apparatus to the data distribution apparatus;
 - a control information transmission and reception section

that is able to notify the determined transmission interval information to other end of communication using a connection-oriented communication protocol; and

a data distribution section that distributes the real-time data using a connection-less type communication protocol.

11. A data distribution apparatus for distributing real-time data via a communication network, comprising:

a timer for measuring the elapsing of a transmission

10 interval of a receiver report packet, which is notified by an apparatus at distribution end or is determined by the apparatus itself;

a counter that counts number of times of failed receptions of the receiver report packet within the transmission interval or within an interval of the transmission interval plus a delay time of a transmission path; and

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an adaptive control section in real-time communication that compares a counter value of the counter with one or more threshold, and based on a comparison result, lowers transmission rate of the real-time data or disconnects session.

12. A mobile terminal apparatus which receives media data containing either audio data or video data from a media distribution server via a wired and wireless communication network and has a playback function, the apparatus comprising:

a receiver report packet transmission interval arrangement section that transmits information related to an interval for

transmitting a receiver report packet determined by itself or receives information sent from the media distribution server related to an interval at which the receiver report packet should be transmitted at a stage of establishing a session with the media distribution server; and

a receiver report packet transmission section that transmits a receiver report packet to the media distribution server in accordance with the information related to the interval.